

PRESENT CONTINUOUS

PRESENT TENSE:

Every day (routine)
Every week
Every year
Etc...

Examples:

I am *talking* (now)
You are *writing*
He is *skating*

PRESENT CONTINUOUS:

> You are doing the action (now)
> Verb **TO BE** + verb + **ING**

We are *walking*
You are *doing*
They are *going*